



2010

Ash Wednesday – The beginning of Lent

Holy Trinity Parish: Masses will be at 12:05 p.m. and 5:30 p.m.

Blessed Sacrament Parish: Masses will be at 9:00 a.m. and 7:00 p.m.

Fast and Abstinence

Ash Wednesday and Good Friday are days of abstinence from meat as well as days of fast, when only one full meal is allowed. On days of fast two other meatless meals may be taken according to one's needs, but together they should not equal another full meal. The Fridays of Lent are days of abstinence from meat. The obligation to abstain from meat begins at age 14. The obligation to fast begins at age 18 and ends at age 59.

Penance Service + Confession of our sins

Our parish will join with the parishioners of Blessed Sacrament Parish at their parish for a Lenten Penance Service on Sunday, February 21, 2010, at 4:00 p.m. Many priests will be available for confession.

Additional Confessions

Every Wednesday evening during Lent, between 7:00 – 8:00 p.m. both Monsignor Yargeau and Father Campoli will be available for confession at Blessed Sacrament. During confession Deacon Leary will lead a Holy Hour for all the sick and suffering beginning at 7:00p.m.

Daily Mass during Lent

Holy Trinity Parish: Monday through Friday at 12:05 p.m. beginning on Ash Wednesday. There will be NO 8:00 a.m. daily Mass at Holy Trinity during Lent.

Blessed Sacrament Parish: 9:00 a.m. daily

Stations of the Cross

Holy Trinity Parish: All Fridays of Lent at 11:30 a.m. (prior to the 12:05 p.m. Mass)

Good Friday at 3:00 p.m.

Blessed Sacrament Parish: All Mondays of Lent at 6:30 p.m.

Sunday, March 21 at 9:00 a.m. for all CCD students and families – everyone is welcome!

Good Friday at 3:00 p.m.

Bread and Soup Supper

On Friday, March 26, the Stations of the Cross will be prayed at Holy Trinity Parish at 6:00 p.m. followed by a simple soup and bread supper for the parishioners of Holy Trinity and Blessed Sacrament in the Holy Trinity Parish hall. The menu will include meatless soup, bread, coffee, tea, and soda and will be served by the Knights of Columbus Council #133.

Share your bread with the hungry + Food Collection

Each weekend kindly bring non-perishable food items for the less fortunate. Boxes are at the doors of the church. The food is distributed through the Food Pantry at Blessed Sacrament Church.

Operation Rice Bowl

Eat a simple meal each week and place the savings in your Rice Bowl. The money is given to Catholic Relief Services to assist the many who struggle daily for food and shelter. Operation Rice Bowl returns will be made on Palm Sunday Weekend, March 27/28. Catholic Relief Services is currently aiding those in Haiti who are in great need following the devastating earthquakes.

Traditional Practices of Lent are Three in number

Prayer, fasting, and the practice of charity. All the Fridays of Lent are days of abstinence from meat. Ash Wednesday and Good Friday are days of fast and abstinence. This we do as sacrifice for our sins.

Lenten Booklets

This year *The Little Black Book* offers reflections on the Gospel texts assigned to the weekdays of Lent. Generally speaking, these weekday Gospel passages are never read on Sundays. This will give us a chance to reflect on and pray with passages of the Gospels that we have seldom heard proclaimed.

Lenten Sacrifice

If you find it difficult to “give something up for Lent”, try something different this year. Come to daily Mass, help an elderly family member or neighbor, give a smile to a stranger...the list goes on and on. The important thing is to do *something!*

During Lent

We pray for those in the Greenfield Catholic Community and throughout the world who are preparing to be received into the Catholic Church at the Easter Vigil.

*By the solemn 40 days of Lent
the Church unites herself each year
to the mystery of Jesus in the desert.
-Catechism of the Catholic Church-*